



# MOJJJO News

U S MILITARY OUTREACH JUDO & JU JITSU ORGANIZATION

(MOJJJO) INCORPORATED

Volume 2

May 20,2015

## Special Interest Articles:

- E L B Mayfield takes GOLD!!
- MOJJJO salutes Lancers page 2
- LOVE in our lives...

Please share this publication with your friends. The more that know about our efforts and support our cause, the more we can achieve. Thank you for your support.

**Congratulations to Sergeants Major Mayfield Gold Medal winner at the USA Judo Senior National Judo Championships Masters M-10 Division in the 73kg (161 lb.) Division after coming off of a five year lay off from competition.**

## Mayfield Still Has It!! Takes the GOLD!!!



Sergeants Major (Coach) E. L. B. Mayfield, USMC, retired in white is shown throwing and landing firmly upon his head-to-head opponent for the "Ippon" score to win his first in a two out of three heads up challenge match for Master competitors born between 1936-1940.

SgtMaj. (Coach) Mayfield follows his first match with an even more dynamic series of movements to set up the final throw that sealed his position as the Gold Medal winner at the USA Judo Senior National Judo Championships Masters M-10 Division in the 73kg (161 lb.) Division after coming off of a five year lay off from competition.

SgtMaj. (Coach) Mayfield, on the right, receives his Gold Medal and dedicates it to any and all Active Duty and veteran Service Women and Men, Firefighters, Police, First Responders, and family members, who are dealing

with the residual effects of Combat-Related Post Traumatic Stress (PTS) as he is doing. Says Mayfield, "In the same spirit as that expressed by the Wounded Warrior Regiments and Battalions - East, West, and in between, preparing for competition and actually competing can be a tremendous stress reliever and promotes wellness for Marines In Care. This is also excellent advice for veterans of all eras. Get physically and mentally active.

To facilitate Wounded Warriors at the Wounded Warrior Battalion -East, the MOJJJO Judo Team is providing training in Adaptive Judo, Jiu-Jitsu, and Mixed Martial Arts from 9:00am - 11:00am on Monday



Sergeants Major Mayfield receives his Gold Medal at he USA Judo Senior National Judo Championships.

and Wednesday in the Wounded Warrior Battalion - East Fitness Center that will include competition opportunities to our Wounded Warriors who are Marines In Care.

Before heading to the tournament, I was a very short fused individual. After competing, I know that driving back from Irving, Texas is relatively stress free and has been so since the Referee commanded "HAJIME!" (Begin!) and the fight was on."

## Our New Look

We've re-designed our newsletter to be easier to read... and frankly easier to share with others.

Working together we hope to inspire others, encourage leadership... and build values in those we serve.

We encourage you to share our

publication with others who share our values. Republication however in any other printed material other than direct copying of our actual newsletter requires written consent from the staff and management of MOJJJO.

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Email us at: SergeantMajor\_of\_the\_Marines@hotmail.com



# MOJJJO Salutes the Lancers

By Sergeants Major E. L. B. Mayfield, USMC, (ret)

**"Salute vt. 2. to honor by performing a prescribed act or gesture, such as dipping the flag, firing cannon, or raising the right hand to the forehead, as a mark of military, naval, or official respect"**

It is a time honored military tradition, especially naval tradition, for one force or commander of forces to render appropriate honors and maybe even tribute to show the intent of a peaceful coexistence, alliance, or coalition in the form of some sort of salute. MOJJJO is no exception when it comes to recognizing the outstanding works of the Military Order of the Lancers (MOTL).

From an historical point of view, "The Lancers" truly represents the noun, "lance" in that they are a **"...thrusting sharp spearheaded weapon...."** consisting of Veterans and Active Duty, their families and Friends, Law Enforcement, Fire, Educators, and Emergency Service citizens who choose to come together to promote the common good and welfare of the entire American Community.

Lancers are required to be ethical and moral in their everyday conduct. Lancers are not confrontational or political in their actions, activities, or events when functioning as a Lancer. Lancers represents the simple values that all citizens have worth and that all citizens deserve an



opportunity to serve and to be served if necessary.

What is even more impressive about the MOTL is the family tradition that is its basis for existence that is perpetuated by the dynamic sibling duo, Roy Linscott III and John-Michael Vincent Moore; who carry their swords, shields and lances high on a daily basis, as they derive methods to reach into the community and attract the very best of volunteers, to assist in the quest to be the loyal and faithful servants of the will of the Higher Power and their family traditions.

As MOTL was preparing to host their August, 2014 Annual Onslow County Veterans and Active Duty Family and Friends Fun Day, the two otherwise independent entities, MOTL and MOJJJO (United States Military Outreach Judo & Jiu-Jitsu Organization), Incorporated, flawlessly found common ground upon which to benefit their donors and supporters, and build their individual and collective outreaches by uniting the MOTL within the non-profit family umbrella of MOJJJO, Incorporated.

The unified efforts of MOJJJO: MOTL

successfully conducted the Christmas Time Operation Deployed Santa Toy Drive and collected enough toys to give each of the children who came to the Sheriff's Office a toy and donate the surplus of toys to supplement other toy drives.

To close out 2014, and the Season, MOJJJO: MOTL hosted the Christmas In The Country Dinner Theater Show and sponsored sixty-three (63) Marines from the School of Infantry (SOI)-East to an exemplary Italian Dinner and a live show. The Marines were able to participate in the surplus of toys and giving them over to be distributed to children who would not likely receive a toy otherwise.

The 2015 Onslow County Veterans and Active Duty Family and Friends Fun Day is scheduled from 11am to 5pm on Saturday, August 15, 2015 at the Onslow Pines Park located at 1244 Onslow Pines Road, Jacksonville, NC 28540. For more information see the dedicated page on the Military Order of the Lancers Website, <http://www.motlveterans.org>

*A WORD FROM THE SERGEANTS MAJOR*

*TEAMING UP WITH THE LANCERS*



**Onslow County Veterans and Active Duty Family and Friends FUN Day 2015**

- Over 15 Food Vendors
- Veteran Oriented Vendors
- Kiddy Train Ride
- Auto Show
- Fire Truck Display
- Vintage Military Equipment
- Bounce Houses
- Mobile Vet Service Center
- Major Veteran Service Organizations
- Nature Trail Hike
- College and Training Opportunities
- Veteran Hire Employment Reps
- Picnic Areas
- Children's Playground
- Easy Access / Easy Parking
- and much much more.

**August 15th**  
**Gates Open at 10AM**  
**Onslow Pines Park**

All vendors serving food must pass Onslow County Department of Health Check and have permit. All vendors, staff, and volunteers must complete an application available at [www.motlveterans.org](http://www.motlveterans.org).

## LOVE IN OUR LIVES

Around our house, our lives have changed drastically since the addition of our new puppy Service Dog named "Love Eyes". She is a Black Labrador Retriever and she is a very quick learner. Like many youngsters, she can be quite a handful at times. All of that said, she has come into my life at a really critical time from an emotional and physical perspective. More will be submitted in future articles addressing some of the many trials and tribulations that our family endures on a consistent basis, simply attempting to obtain the Aid and Assistance and compensations from the Veterans Administration that have long in the past been approved. We also invite our readers to submit articles consisting of not more than 1,800 words.

Like many veterans who have actually experienced combat, I have three Purple Hearts from combat wounds and a boat load of residual emotional and physical issues to deal with on a daily and more often moment-to-moment basis that will NEVER go away. No matter how many drugs I have been prescribed, the most effective therapy for me has been achieved through running and competitive judo matches. However, numerous surgeries have dramatically increased the risk of my becoming wheelchair bound or paralyzed, so other outlets have to be sought out to "manage" some of these maladies. Now enters "Love Eyes". We address her only as "Love" because our trainer from UNLEASHED DOG TRAINING, at website <http://UnleashedDogTraining.org> or [Unleasheddogtraining@yahoo.com](mailto:Unleasheddogtraining@yahoo.com) has informed us right from the start, that the teaching process and learning processes for both the animal and ourselves must be in small bites and coupled with a reward for positive behaviors. Therefore, it is already good therapy for me to constantly use the word "LOVE", and especially in the presence of my wife who does not hear me say the word "love" often enough to her. One



of my emotional drawbacks from the effects of Combat-Related Post Traumatic Stress (PTS), formerly referred to as PTSD is the difficulty in expressing the emotion of love and caring; and the fear of getting too close emotionally to anyone or anything because losing Marines was a type of pain that I cannot express in words. Having "Love" around has become a catalyst for positive change in my life. Contact the folks at UNLEASHED DOG TRAINING if you think that you might benefit from the companionship of a dog as your new friend.

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**We Honor those who have served and are serving.**



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"For all your Real Estate needs call or email the Sergeants Major!"

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**AND YOUR AD WILL HELP SUPPORT OUR OUTREACH!**



May 25th, 2015



They served and gave ALL...  
We choose to honor them.

**NEVER FORGOTTEN**



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MOJJJO News is the official newsletter of the Military Outreach of Judo and Ju Jitsu Incorporated, a not for profit NC501C3 Military Outreach.



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